



PROGRAM

SATURDAY 16TH OF SEPTEMBER 2023

Timetable	Activity	Location
11:00 – 14:30	Delivery of bib numbers	Tossa de Mar Council - MAP
13:30 – 14:50	Express Check in	Boxes - MAP
15:00	Sprint Triathlon Start	
15:30	Cut-off time Sprint Swimming	
15:30	Olympic Triathlon Start	
16:15	Cut-off time Olympic swimming	
18:30	Cut-off time swimming + cycling (all distances)	
18:30 – 19:30	Check out (Collection of the material)	Boxes - MAP
19:00	Prize-giving ceremony	Pg. Mossèn Cinto Verdager
19:30	Finish line cut-off time	